#7DAY ALDE-COR SUSTAINABILITY CHALLENGE

The goal of the **7 Day sustainability challenge** is to stimulate climate discussions locally and to support increased interest and engagement in sustainable living.

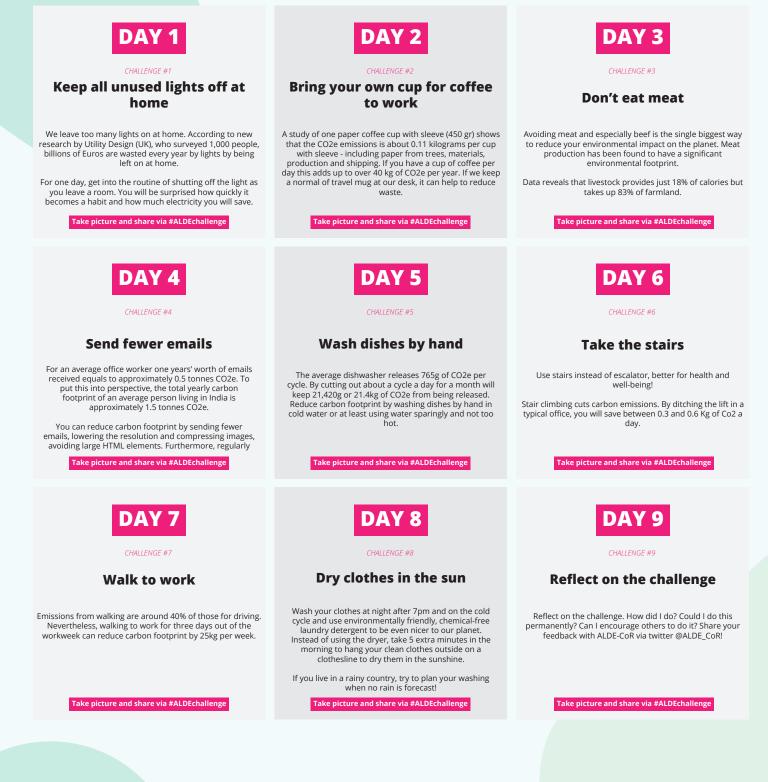
The 7 Day sustainability challenge is a **call to action** inviting committed individuals to practise sustainable urban lifestyles that will potentially improve their quality of life. This leaflet contains 9 step-by-step challenges of which you have to do at least 7.

The challenge involves seven days of **practical sustainable actions** that individuals can partake.

Participants are invited to use #ALDEchallenge in their social media work to highlight and share their experience and activities with the initiative.

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